



## Quick Reference Performance Card



### Flexion Resistance Blue Lever

This lever controls flexion, also known as “dampening” on this shock. The flexion lever has three positions. Looking at the shock as oriented in the knee frame, these positions are 10/2/6 O'clock.



-  = 10 O'Clock | Lowest Flexion Resistance
- PEDAL** = 2 O'Clock | Medium Flexion Resistance
-  = 6 O'Clock | Highest Flexion Resistance

*Note: On-Demand Extension Lock*



### Extension Resistance Red Dial

This red dial controls extension, also known as “rebound” on this shock. The red dial is located directly behind the blue flexion lever. The red extension dial has a **BLACK** notch on it to indicate its position.

-  = **Clockwise Rotation**  
Slow Rebound Extension
-  = **Counter- Clockwise Rotation**  
Faster Rebound Extension

*Note: The dial has ten positions with audible/tactile clicks*

## DON'T LET LIFE DEFINE YOUR LIMITATIONS

